



## Program Nordplus visit Norway September 2022

### Tuesday, September 6<sup>th</sup>

08.30 Departure to Gossen

09.30 Welcome to Norway and Møre og Romsdal

- About Norges Bygdekvinnelag and our main projects
- Kjellaug and Gossen Bygdekvinnelag

11.00 Coffee and a bite at Gossen cultural center

11.30 A tour at the cultural center, a meeting with the cultural school and a small workshop

12.45 Visit SALT, a local business that makes salt

13.45 Visit to Løvikremma, a coastal museum in Gossen

- Lunch
- Guided tour
- Food workshop

16.00 – 18.00 Free time

\* If you want you can go for a hike or use the local swimming pool.

18.00 Sea food meal with Gossen Bygdekvinnelag

\* If you want you can bring a towel and take a swim in the sea. Bring warm clothes for the evening.

20.30 Return to Molde

## Wednesday, September 7<sup>th</sup>

10.00 Visit to Romsdal coastal team

12.00 - 15.00 Romsdalsmuseet, regional museum in Molde

12.00 Lunch at kafe Mali at the museum

- Visit «Krona» a new building in the museum where they make folk costumes
- Lecture by Camilla Rossing, leader for the Norwegian institute for folk costumes
- Guided tour at the museum

15.30 Farm visit

16.00 Atlanterhavsvegen, a scenic drive by the coast

17.30 A walk along a culture route

18.30 A social evening and a meal with Vassenden Bygdekvinneag, Kari Anne and Vivians local group.

20.00/20.30 Return to Molde

## Thursday, September 8<sup>th</sup>

09.00 Departure to Bud/Bjørnsund

10.00 Boat to Bjørnsund

- Fishing from a boat, grup 1
- Workshop, purify dun from the pea bird nest, group 2

12.15 Lunch

- Fishing from a boat, grup 2
- Workshop, purify dun from the pea bird nest, group 1

14.00 Guided tour at Bjørnsund

17.00 Traditional dinner at Bud

19.00 Return to Molde.

**\*Bjørnsund** is an vacated fishing village. Now it`s used as a camp school to learn children about the life by the sea and the heritage from our costal culture. Bjørnsund is also a recreation place with private summer houses.

Collecting dun that are left after the babybirds have left the pea bird nest has been a tradition and an extra income for the fisheries population.